



MEADOWVALE MINOR HOCKEY ASSOCIATION

RECOMMENDED EQUIPMENT LIST:

The following is a list (not necessarily exhaustive) of the “basics” for your budding young hockey player. Please note that this list is NOT applicable to goaltenders.

- hockey skates
- shin/knee pads
- straps (velcro) or tape to hold the pads
- hockey socks*
- jock (jill for girls)
- garter belt (to hold the socks up)
- hockey pants
- shoulder pads
- elbow pads
- BNQ-approved neck guard / throat protector
- CSA-approved helmet & FULL-face mask (wire mesh or clear plastic)
- hockey sweater*
- hockey gloves
- hockey stick

**One hockey sweater and one pair of game socks will be provided by the association once placed on a team.